

DUTY AREA 2.1(a) EVALUATION

DEMONSTRATE PROPER INSULIN INJECTION WITH PEN

INSTRUCTOR'S RATING SHEET

Rate Each Trainee Individually

Trainee Name: _____ Date: _____

Instructor Name: _____

Type of Insulin Pen _____

THE TRAINEE	COMMENTS	RATING	
1. Wash hands.			
2. Check MAR for insulin type, dosage and other instructions.			
3. Check pen: Insulin type, expiration date, and appearance.			
4. Follow RN's instructions re: necessity of rolling and inverting the insulin pen.			
5. Wipe tip of cartridge with alcohol sponge.			
6. Attach safety needle to syringe and remove cap from the needle.			
7. Prime pen with 2 units or as instructed by RN.			
8. Dial correct dose as ordered.			
9. Choose site and cleanse skin with alcohol sponge.			
10. Pinch up skin and hold pen in a fist-like grasp with thumb clear of the injector button. Push the needle into the skin at a 90-degree angle.			
11. Depress the injector button with the thumb. Hold the needle in place for the time specified by the nurse on the MAR.			
12. Withdraw the needle from the skin.			
13. Dispose of safety needle in the sharps container.			
14. Replace cap on the pen.			

RATING DESIGNATION:

A = ACCEPTABLE;

U = UNACCEPTABLE